



What We Do

There is no better way to find out what we do than to hear about it from some of the disabled children and young people who have been included in local leisure activities by Out & About read Our Stories to find out more.



[Our Stories](#)



[Where are they now ?](#)

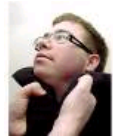


[Youth Parliament](#)



[Inclusion Awareness Workshops & Training](#)

The workshops are delivered in a fun and interactive way, allowing participants the chance to network with other people who have an interest in wishing to make their leisure setting more inclusive to disabled children and young people



[Disability Hate Crime Awareness Workshop](#)



[iam OutThere Lifeskills Series](#)

Our series of fun, practical and community based lifeskills programmes have been developed in consultation with disabled young people.

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Built on [Cubik](#)

http://www.direct.gov.uk/en/DisabledPeople/Employmentsupport/LookingForWork/DG_4000314

<http://www.frsb.org.uk/>

